



Institute of Design

END TERM EXAMINATION-2019

Semester-I
Time: One Hour

Course: Personal Growth
MM: 20

As part of the 'Personal Growth' course, you were exposed to various elements that play a crucial role in one's personal growth. Illustrate the role of any seven of the following elements in the context of your own personal growth, thus far:

- Self-Understanding
- Personal Vision and Purpose
- Self-Discipline
- Positive Attitude
- Overcoming Fears
- Balance in Life
- Contribution to Others
- Achieving Success
- Achieving Happiness