

JK LAKSHMIPAT UNIVERSITY, JAIPUR  
INSTITUTE OF MANAGEMENT  
END TERM EXAMINATION (MAY 2022)  
BBA-II Semester (BACKLOG)

Time: 2 Hours  
Marks: 40

Course: Organizational Behavior  
Course Code: BS1101

**Instructions:** Attempt any 4 question from Section A. and Section B is compulsory

**Section A**

1. The proverb "two heads are better than one" is generally accurate. That is a group almost always performs a task better than an individual. Explain the statement. [5]  
(LO-2)
2. Explain why do you people play politics? Do you think playing politics is good or bad at workplace? How it can be controlled? [5]  
(LO-1 & 2)
3. Explain stages in group formation. What is the importance of storming stage [5]  
(LO-3)
4. "Emotional Intelligence has great relevance in present times". Do you agree or disagree with the statement? Elaborate your point of view [5].  
(LO-2 & 1)
5. Write short notes on: [5] (LO-2)
  - a. Coercive power
  - b. Eustress

**Section-B**

**Analyze the given case and answer the questions:** (LO-1, 2 3 & 4)

Nearly 56% of corporate employees sleep less than 6 hours in a day due to high stressed levels that arise out of tough targets set for themselves by employers and cause diseases like hypertension, sugar etc., according to ASSOCHAM Healthcare Committee report brought out by The Associated Chambers of Commerce and Industry of India (ASSOCHAM).

Releasing findings of the report today, ASSOCHAM pointed out that sleep deprivation costs USD 150 billion a year in higher stress and reduced workplace productivity. The work performance pressure, peer pressure, difficult boss, all of this is taking a toll on the physical and mental health of people, adds the survey.

As per the findings, about 46% of the workforce in organizations in India suffers from some or the other form of stress. The stress could be related to personal issues, office politics, or performance target issues. There is a rising case of metabolic syndrome that includes diabetes, high uric acid, high blood pressure, obesity, and high cholesterol.

In terms of physical fitness, it is found out that 30% of corporate employees say that they hardly exercise against 25% who physically exercise but for less than 1 hour a week. About 24% of employees exercise for 1-3 hours a week against 9% of employees who exercise for 3-6 hours a week and merely 5% stay fit by exercising for more than 6 hours a week.

About 16% of the sample population of the report claim that they suffer from obesity. It is found that obesity alone can modify occupational morbidity, mortality and injury risk that can further affect workplace absence, disability, productivity and healthcare costs.

Depression is another hit heart disease that is observed among the responds with 11% of the sample corporate employees suffering these lifestyle diseases. High blood pressures and diabetes are still another diseases with a share of 9% and 8% respectively as suffered among corporate employees. Spondylitis (5.5 per cent), heart disease (4 per cent), cervical (3.0 per cent), asthma (2.5 per cent), slip disk (2 per cent) and arthritis (1 per cent) are the diseases that are mostly suffered by corporate employees.

#### Questions

1. Identify the issue in the report given about. Elaborate the reason behind the rising problem. [10]
2. Suggest the action plan by which corporates can manage the problem? [5]
3. Do you think that stress is always negative? Why or why not? [5]
4. If stress not managed well what will be its impact on business? [5]